

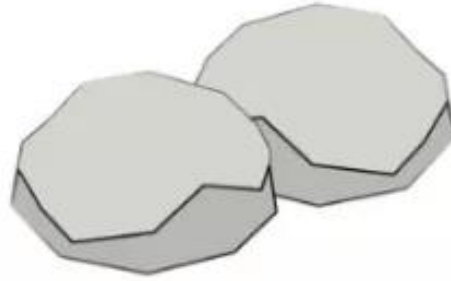
Navigators

20s/30s

(5 Big Rocks)

**TIME, WORK, MONEY,
RELATIONSHIP, & SEXUALITY**





BIG ROCKS

Highest priority projects and tasks.



LITTLE ROCKS

Urgent or important priority projects and tasks.



SAND

Unimportant projects and tasks.

they aren't going to fit in later.

— Stephen R. Covey



Navigators
20s/30s
(5 Big Rocks)
TIME



20s/30s (5 Big Rocks) - TIME



[4] “O LORD, make me know my end
and what is the measure of my days;
let me know how fleeting I am! - **Psalm 39:4** (ESV)

[14] yet you do not know what tomorrow will
bring. What is your life? For you are a mist that
appears for a little time and then vanishes.

- **James 4:14** (ESV)

20s/30s (5 Big Rocks) - TIME



[12] So teach us to number our days
that we may get a heart of wisdom.
- **Psalm 90:12** (ESV)

20s/30s (5 Big Rocks) - TIME



[15] Look carefully then how you walk, not as unwise but as wise, [16] making the best use of the time, because the days are evil. [17] Therefore do not be foolish, but understand what the will of the Lord is. - **Ephesians 5:15–17** (ESV)

168

Hours



20s/30s (5 Big Rocks) - TIME



**168 Hours. 7 days. 10,800 minutes.
604,800 seconds. 1 week.**

20s/30s (5 Big Rocks) - TIME



**Setting Priorities with the use of our time –
making it a ‘big rock’**

I. What is God's Goal for us?: Matthew 6:33; 1
Corinthians 10:31; 2 Corinthians 5:9; Colossians 3:23

What is the Alternative?:

20s/30s (5 Big Rocks) - TIME



Setting Priorities with the use of our time –
making it a ‘big rock’

II. What is God's Purpose for us?: Matthew 22:37-40, Romans 8:29

What is the Alternative?:

20s/30s (5 Big Rocks) - TIME



III. What are God's Priorities for us?

God Himself Psalms 42:1-2; Matthew 6:33; Mark 12:30

Husband/Wife Titus 2:4-5, Ephesians 5:22-31

Family/Children Proverbs 14:1, 24:3-4

Our Parents Ephesians 6:2

Believers Galatians 6:10; Romans 12; 1 Corinthians 12

Unbelievers Matthew 5:13; 2 Corinthians 5:20;
Colossians 4:5-6

Life is about relationships!!

What is the Alternative?:

20s/30s (5 Big Rocks) - TIME



**SMALL GROUP
DISCUSSION**

20s/30s (5 Big Rocks) - TIME



**Encouragement
and Advice**

20s/30s (5 Big Rocks) - TIME



General Principles

Opportunities related to higher-priority areas take precedence.

Focus on areas where you are uniquely designed or positioned to serve. (MBTI, Clifton Strengths, Enneagram)

Need takes precedence as well. **Luke 10:25-37**

However, the need does not necessitate a call. **Mark 1:35-39**

20s/30s (5 Big Rocks) - TIME



Christ's example

Christ did not do everything that He could have done.

Christ often withdrew to quiet places to pray. Luke 5:16

Christ did not do everything others wanted Him to do.

John 6:14-15

Christ did what God His Father wanted Him to do.

John 4:34, 6:38, 17:4

20s/30s (5 Big Rocks) - TIME



The Best Use of the Time

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is (Eph. 5:15-17).

- To make the most out of our lives for serving Jesus, we must do regular, thorough investigation into how we spend our time.
- Unwise practices can lure us away from wise living.
- If there is best use of our time, that implies that there is an actual worst way to spend our time.
- If the days are evil, that means that we must be on guard against evil tactics, distractions, and pursuits that could rob us of our time.
- The will of God is actually tied to how wisely we spend our time (cf. Ps. 90:12; 39:4).

20s/30s (5 Big Rocks) - TIME



Productivity and Time Management

Once you realize that you only have a limited amount of time, you begin to think about how you can better use your time. Here are some things to consider in order to maximize your time:

- Identify the most important things that you can do with your life.
- Identify the time-wasters distracting you from the most important things and determine how to eliminate them.
- Figure out how you are wired and the type of tools that will best work for you.

20s/30s (5 Big Rocks) - TIME



Con't...

- Determine what type of **scheduling tools** will work best to keep your calendar organized.
- Determine what type of task management tools will help you keep track of your to-do lists.
- Determine what type of **information tools** will help you organize important content.
- Evaluate your systems regularly to make sure you are using your time in the best way.

20s/30s (5 Big Rocks) - TIME



Making Time for Personal Walk With Jesus

As it comes to your own personal discipleship, here are some steps to make a plan:

- 1. Make a *Plan*** – Decide what you will implement to grow in godliness (1 Tim. 4:7).
- 2. Establish a *Priority*** – Schedule the time when you will prioritize your time with God (Eph. 5:16).
- 3. Find a *Partner*** – Align yourself with someone who will keep you accountable (Prov. 27:17).

20s/30s (5 Big Rocks) - TIME



Making Time for Personal Disciplemaking

As you make disciples, here are some next steps to consider:

- 1. Identify the Person to Disciple** – Who is the person whom you will invest in spiritually? Pray and ask God to connect you with someone.
- 2. Determine the Time to Meet** – When will you have a consistent meeting time?
- 3. Discover the Areas to Address** – What does this person need to work on specifically? Make certain that the Word of God is central.
- 4. Clarify the Expectations to Meet** – What will you expect of this person?
- 5. Communicate the Time to End** – How long will you intentionally disciple this person?

20s/30s (5 Big Rocks) - TIME



Resources:



Foreword by John Piper



**12 WAYS
YOUR PHONE
IS CHANGING
YOU**

Tony Reinke

DO MORE BETTER

**A PRACTICAL
GUIDE TO
PRODUCTIVITY**

TIM CHALLIES

**John
Mark
Comer**

**The
Ruthless
Elimination
of
~~Hurry~~**

**Foreword
by
John
Ortberg**

CHARLES E. HUMMEL

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20s/30s (5 Big Rocks) - TIME



QUESTIONS?